- It is vitally important to notify the receptionist, before making your reservation, if you have high blood pressure, allergies, ailments, contagious infections, physical disabilities, ... if you are pregnant or think you might be. This information will allow us to offer you the most suitable alternative treatment for your needs.

*Rules of use of the spa.

• Bathing in the pool is prohibited for any person suffering from an infectious disease transmissible through the water or surface.

• We try to promote an atmosphere of tranquility and harmony to maintain the well-being of our guests, so silence is requested.

• Smoking, food or any type of drink as well as glass objects are not allowed.

• You are in serious danger if you use the Spa facilities under the influence of alcohol or drugs.

• It is recommended to arrive 10 minutes in advance. As a courtesy to other clients, no more time than what is already established will be granted to late arrivals and the charge will be made for the entire Contracted Treatment.

• It is not allowed to enter the SPA with shoes and street clothes.

• Before using any installation you have to shower.

• The SPA circuit facilities have a therapeutic use, so we ask you not to use bath products or masks.

• There are lockers available to the client (do not leave any object inside the changing room).

• For hygiene reasons, it is mandatory to use a towel or bathrobe on the benches of the bath and sauna. Towels or bathrobes can be rented at the entrance to the Spa or in your room (if you are staying) and will have to be returned in the same place where they were lent.

• All towels and bathrobes are controlled and numbered. If you decide to appropriate a towel or bathrobe, the amount of €20 will be charged to your account or credit card.

• The use of the cap is mandatory.

• The use of flip flops is mandatory.

• The Management of the Complex and the Spa are not responsible for the loss of any object within the facilities.

• The center reserves the right of admission.

• The center's staff controls compliance with the rules and will expel anyone who does not comply with them if necessary.

• All appointments must be canceled at least 24 hours in advance.

Appointments canceled less than 24 hours before the reservation time will be charged in full and/or deducted from the voucher or voucher.

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URBAN HOTEL & SPA